

RED DAWN MARTIAL ARTS CLASS SCHEDULE

12 Fisherman Drive, Brampton Ontario- 905-840-4990
Please try and to be here 15 minutes before allotted class time and in uniform!

Hours of Business:

Monday thru Friday-- 3pm till 9:00pm-----Saturdays-- 10am till 2pm

CHILDREN'S TAE KWON DO SCHEDULE!

Belts	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
After School Program	3pm – 5:30pm	3pm – 5:30pm	3pm – 5:30pm	3pm – 5:30pm	3pm – 5:30pm	
White Belts+Pee Wee's	6pm - 7:00pm		5:45 - 6:45pm		6:45pm - 7:30pm	12:00 - 1pm
Yellow Stripe + Advanced Yellow Stripe		7:00 - 7:45pm		5:30 - 6:15pm		10:00 - 11am
Yellow Belt	7:00 - 8:00pm			7:00 - 8:00pm		10:00 - 11am
Green ST to Green Belt		5:15 - 6:15pm		7:00 - 8:00pm		10:00 - 11am
Blue Stripe to Red Stripe		6:00 – 7:00pm		6:15 – 7:15pm		11 – 12 noon
Cardio Kickboxing	7:00 - 8:00pm Big Do Jang					
Red Belts to Black Stripe	5pm - 6:00pm		6:30pm - 7:30pm			11 – 12 noon
Black Belt Candidate + Black Belt	5:45 - 6:45pm		5:30 - 6:30pm		Self-Defense Class 6:00 - 6:45pm	11 - 12 noon

ADULT TAE KWON DO SCHEDULE

Belts	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adults White Belt to Adv. Y-Stripe		8:00 - 9:00pm		8:00 - 9:30pm		1:00 - 2pm
Adults Yellow Belt To Black Belt	8:00 - 9:30pm		7:30 - 9:00pm	8:00 - 9:30pm		1:00 - 2pm

EXHIBITION TEAM AND WEAPONS CLASSES SCHEDULE

DAY	CHUKKA BEGINNERS	Exhibition Team CHUKKA	BO BEGINNERS	Exhibition Team BO	Exhibition Team Extreme Training
FRIDAYS	5:15—6:00PM	7:30—8:15PM	5:15—6PM	7:30—8:15PM	8:15—9:30PM
Saturdays			12:00—1PM		

Please Note:

Beginners Weapons Classes are \$36 for 4 classes, paid in advance.
Exhibition Team Classes are \$39.95 +HST per month.

<http://reddawnmartialarts.com> <http://reddawnwellness.com> <http://facebook.com/reddawnmartialarts>