



Red Martial Arts and Wellness Centre



12 Fisherman Drive Unit 2, Brampton Ontario L7A 1B6 — Phone: 905-840-4990
 Email: info@reddawnmartialarts.com - Website: www.reddawnmartialarts.com

2016 TAEKWON-DO CLASSES SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00—6:00 After School <i>(Session 1)</i>	3:00—6:00 After School <i>(Elite Skills/Session 1)</i>	3:00—6:00 After School <i>(Session 2)</i>	3:00—6:00 After School <i>(Elite Skills/Session 2)</i>	3:00—6:00 After School (Fun Day)	Closed Saturdays on tournament days, seminars, long weekend and during the months of July/August
5:30—6:15 Ages 4-6 <i>(Session 1)</i>	5:30—6:15 Ages 4-6 <i>(Session 2)</i>	5:30—6:15 Ages 4-6 <i>(Session 1)</i>	5:30—6:15 Ages 4-6 <i>(Session 2)</i>		10:00—10:30 Ages 4—6
6:00—7:00 Ages 7—9 <i>(Session 1)</i>	6:00—7:00 Ages 7—9 <i>(Session 2)</i>	6:00—7:00 Ages 7—9 <i>(Session 1)</i>	6:00—7:00 Ages 7—9 <i>(Session 2)</i>	6:00—7:00 10 Minutes Private Session	10:30—11:15 Pattern Class 11:15—12:00 Sparring Class
7:00—8:00 Ages 10 plus <i>(Session 1)</i>	7:00—8:00 Ages 10 plus <i>(Session 2)</i>	7:00—8:00 Ages 10 plus <i>(Session 1)</i>	7:00—8:00 Ages 10 plus <i>(Session 2)</i>	6:00—7:00 10 Minutes Private Session	10:30—11:15 Pattern Class 11:15—12:00 Sparring Class
7:45—8:45 Adult All Belts 7:45 — 9:00 Elite Skills/Black Belts <i>(Session 1)</i>	7:45—8:45 Adult All Belts 7:45 — 9:00 Elite Skills/Black Belts <i>(Session 2)</i>	7:45—8:45 Adult All Belts 7:45 — 9:00 Elite Skills/Black Belts <i>(Session 1)</i>	7:45—8:45 Adult All Belts 7:45 — 9:00 Elite Skills/Black Belts <i>(Session 2)</i>		10:30—11:15 Pattern Class 11:15—12:00 Sparring Class

Saturday Birthday Parties Reserved from 1:00pm- 3:00pm (See front desk)